



Harris Family Children's Center
Phillips Exeter Academy

TOILET TRAINING POLICY

We encourage communication between teachers and parents as to how toilet training is progressing both at home and at school. It is not unusual for progress in the home environment to be different from school. Teachers do not toilet train children. We do, however, assist the child who has shown signs of physical readiness and an interest in using the toilet by:

Encouraging children to let teachers know when they need to use the toilet.

Helping children on and off the toilet.

Assisting with attire.

Reminding children to flush toilet and wash hands after use.

The following suggestions are strongly recommended for children who are beginning to use the toilet, as they encourage independence by making it easier for the child to manage:

Use of pull-ups instead of diapers.

Child-friendly clothing. **Elastic waist pants are strongly encouraged and help alleviate unnecessary accidents.** Snaps and zippers are extremely difficult for a child to manage when they are pressed for time.

Avoid long shirts or dresses. It is difficult for a child to hold on to their attire and balance themselves on the toilet at the same time.

Keep in mind that children are asked several times during the course of the day to use the facilities. Teachers are not expected, however, to change frequent accidents as this removes them from the classroom environment.

We hope you find these guidelines helpful. Please feel free to consult with your child's teacher should you have any questions.