



# EXETER SUMMER

---

## ACCESS EXETER

(STUDENTS CURRENTLY IN GRADES 7 AND 8)

2017 COURSE CATALOG

---

PHILLIPS

EXETER

ACADEMY

# Exeter Summer

2017 ACCESS EXETER COURSE CATALOG

---

## TABLE OF CONTENTS

SAMPLE DAILY SCHEDULE	<b>3</b>
CLUSTER ONE: CREATIVE DESIGN AND PURPOSE FOR A CHANGING WORLD	<b>4</b>
CLUSTER TWO: THE LAND AND THE SEA	<b>5</b>
CLUSTER THREE: PROBLEM-SOLVING: AN ODYSSEY OF THE MIND	<b>6</b>
CLUSTER FOUR: A GLOBAL COMMUNITY	<b>7</b>
CLUSTER FIVE: THE CREATIVE ARTS: LET YOUR SPIRIT SOAR	<b>8</b>
CLUSTER SIX: EXETER C.S.I.: CRIME SCENE INVESTIGATION	<b>9</b>
CLUSTER SEVEN: THE SHAPE OF THINGS	<b>10</b>
CLUSTER EIGHT: EXPLORING THE ANCIENT WORLD	<b>11</b>
SSAT PREPARATION CLASS (EXTRACURRICULAR)	<b>12</b>
ACCESS EXETER PHYSICAL EDUCATION	<b>13</b>
Exeter Crew Club	<b>15</b>
Seacoast United Soccer Club	<b>16</b>
EXTRACURRICULAR PERFORMING ARTS	<b>17</b>

# ACCESS EXETER

ACCESS EXETER Clusters are made up of three academic courses. As you complete your application, please indicate your first, second, and third choice of academic cluster along with your first and second session sports choices. All ACCESS EXETER students participate in sports four afternoons per week (MTTF) for at least one hour each day between 4:00 p.m. and 6:00 p.m. All students may, for a fee, enroll in private music lessons, the Academic Approach® SSAT Prep course, or replace the two sessions of sports with Exeter Crew Club or Seacoast United Soccer Club. ACCESS EXETER students may also participate in choral or orchestral groups.

Each ACCESS EXETER student will be enrolled in one of the following academic clusters:

- 1. Creative Design and Purpose for a Changing World**
- 2. The Land and the Sea**
- 3. Problem-Solving: An Odyssey of the Mind**
- 4. A Global Community**
- 5. The Creative Arts: Let Your Spirit Soar**
- 6. Exeter C.S.I.: Crime Scene Investigation**
- 7. The Shape of Things**
- 8. Classics: Reliving the Ancient World**

## DAILY SCHEDULE SAMPLE FOR ACCESS EXETER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Brunch 9:00 - 12:30	Breakfast 6:45 - 8:45	Breakfast 6:45 - 8:45	Breakfast 6:45 - 8:45	Breakfast 6:45 - 8:45	Breakfast 6:45 - 8:45	Breakfast 6:45 - 8:45
	A-Format 8:30 - 9:20	A-Format 8:30 - 9:20	A-Format 8:30 - 10:00	A-Format 8:30 - 9:20	A-Format 8:30 - 9:20	B-Format 8:30 - 10:00
	B-Format 9:25 - 10:15	B-Format 9:25 - 10:15		B-Format 9:25 - 10:15	B-Format 9:25 - 10:15	
	Assembly 10:20 - 11:05	Snack Time 10:20 - 11:05	C-Format 10:05 - 11:35	Snack Time 10:20 - 11:05	Assembly 10:20 - 11:05	D-Format 10:05 - 11:35
	C-Format 11:10 - 12:00	C-Format 11:10 - 12:00		C-Format 11:10 - 12:00	C-Format 11:10 - 12:00	
	D-Format 12:05 - 12:55	D-Format 12:05 - 12:55	Lunch	D-Format 12:05 - 12:55	D-Format 12:05 - 12:55	Lunch
	E-Format 1:00 - 2:15	E-Format 1:00 - 2:15		E-Format 1:00 - 2:15	E-Format 1:00 - 2:15	
	F-Format 2:20 - 3:35	F-Format 2:30 - 3:35		F-Format 2:20 - 3:35	F-Format 2:20 - 3:35	
PE 4:00 - 6:00	PE 4:00 - 6:00	PE 4:00 - 6:00		PE 4:00 - 6:00		
Dinner 5:00 - 7:00	Dinner 5:00 - 7:00	Dinner 5:00 - 7:00	Dinner 5:00 - 7:00	Dinner 5:00 - 7:00	Dinner 5:00 - 7:00	Dinner times may vary
Dorm Check-in 8:00	Dorm Check-in 8:00	Dorm Check-in 8:00	Dorm Check-in 8:00	Dorm Check-in 8:00	Dorm Check-in 8:00	Dorm Check-in 11:00

Lunch is served Monday–Friday from 11:30 a.m.- 2:00 p.m.

**Cluster One**

# Creative Design and Purpose for a Changing World

---

**Energy and Innovation**

---

In this multi-science course, you will investigate biological, physical, and chemical aspects of Earth's working systems and energy alternatives through hands-on discovery. In the field and in the lab, you will use computer probes, microscopes and lab tools to conduct experiments that simulate global processes that include greenhouse effect, ocean acidification, albedo effect, decomposition, and carbon sequestration. Your curiosity and creativity will be electrified as you problem-solve to model and test your own re-designs of existing alternative energy technologies, making them greener and more efficient.

**Political Science: Power, Persuasion, and Positive Change**

---

Addressing any problem begins with recognizing it! You understand that the clock is ticking to develop and implement strategies for living in cleaner, safer harmony with our environment, but where do you begin? To whom do you address your concerns? The future is yours and you have the power to shape it! In this course, you will investigate global issues facing the world today and initiate a real campaign that directly impacts lasting change in your local community. You will learn by doing. You will put into practice creative and persuasive ways to influence policymakers, corporations, local businesses, and community organizations that will include phone banking, newspaper articles, public displays and surveying public opinion. The lessons of this course do not end when you leave Exeter; the benefits will follow you home and last a lifetime.

**Art: Transform the World**

---

In this studio class we will develop our creative powers. Drawing on natural sciences, a wide range of arts, and mythologies from around the world, we will engage with perspectives of life on Earth, both old and new. These ideas inform our creations. Our materials will be newspapers, recycled cardboard, and other things that are often discarded. Working with our hands, scissors, glue, paste, and paints we will transform scraps and trash into objects revealed. Evening assignments will include personal sculpture and painting studies, with some visits to the library stacks. In this course you will discover your artistic aptitude, learn about form, image and technique and collaborate to create pieces for the final Student Art Exhibit.

## Cluster Two

# The Land and the Sea

---

### Literature and the Land

---

The Literature and the Land course may have special appeal to you because it is designed to let you step out into the world of nature and become more in tune with its unpredictability and power. You will experience both the serene and the turbulent aspects of Mother Nature. Sensory experiences will be reflected through your writing. You will be engaged in discussions revolving around the power of nature over mankind. Through novels you will journey outside of the classroom to places and situations unimaginable.

### Marine Biology

---

The New England coast offers exciting environments for the study of marine biology. In this class, you will learn the specific organisms of the New England rocky shore and familiarize yourself with the ecology of the complex marine ecosystems in which they live. You may take field trips to salt marshes, rocky coast tidal pools, sandy beaches, and the New England Aquarium. These hands-on experiences will supplement your study of marine plants, invertebrates, fish, and marine mammals.

### Art: Observations in Nature

---

Students of all levels are encouraged to explore art through trips to the beach, explorations in the woods, discussions, and skill building exercises in drawing, painting, sculpture, and printmaking. During the final week students will participate in and display their work in a professional gallery at the Student Art Exhibit.

## Cluster Three

# Problem-Solving: An Odyssey of the Mind

---

### Robotics

---

Physicists observe the workings of the world and then use mathematics and abstract thinking to try to explain what they have observed. In this course, you will have the opportunity to look at the world as the physicist does—to observe, measure, ask questions—to use abstract thinking to solve a variety of problems. Your readings and discussions will carry you into analysis of Newton's laws of motion and give you glimpses into the world of Quantum Theory and Einstein's Special Theory of Relativity. In using LEGO® MINDSTORM™ products, you will learn to apply physics concepts to robotics. The robots you build will interface with computers to analyze motion and generate graphs. Finally, you will design and create individual robots for competition in the grand challenge of Robotic Pizza Delivery.

### Mathematics: Problem-Solving and Mathematical Modeling

---

We use the language of mathematics to help us unlock the secrets of the patterns we observe in the world around us. This course is designed to help students grow as independent thinkers and learners through the exploration of creative strategies for solving involved, non-routine math problems (many of them having to do with important yet deceptive patterns). An emphasis will be placed on collaborative work as students' brainstorm and exchange ideas with their peers, taking advantage of the different perspectives each brings to the table. Students will be challenged to work on and improve their explanation skills through in-class discussions and graded problem-sets. The topics covered will include permutations and combinations, basic probability, recursion, and some introductory number theory.

### Computer Programming: The Fundamentals of Computer Programming

---

Computers are very powerful tools. They have changed the world by changing the way that we work and play. Thanks to computers we can travel through space, predict the weather, and design and build better cars. Computers are amazing, but the computer hardware itself is only half of the story. What really makes a computer so useful is its flexibility. The same computer that can be used to design cars can also be used to play games and chat with friends over the Internet. The difference is the software.

In this course, you will learn how to use the programming language Java™ to create simple software programs that will

allow you to investigate and solve problems in math, physics, and statistics. You will use the power of the computer to run simulations that model real-life events. Ultimately, you will discover how the computer can be used to help you better understand what is going on in the world around you. **Note:** *For this course, you will need a Windows laptop or a Mac laptop, (Mac computer preferred) for this cluster.*

## Cluster Four

# A Global Community

---

### **Modern Language: Dipping into Five Modern Languages**

---

Konnichiwa! Bonjour! Guten Tag! Marhaba! Privet! In this course, you will have the opportunity to sample five modern languages: Japanese, French, German, Arabic, and Russian. Teachers will provide you with a basic introduction to the various languages and cultures. Through conversation and hands-on activities, you will learn greetings and simple dialogues dealing with everyday situations. You will also learn something about the people who speak the languages: their music, dances, food, etc.

Given the multicultural realities of the United States in the twenty-first century and the current globalization of ideas and economies, language study is indispensable. Today, well-educated people should be able to communicate in more than one language; tomorrow, this need will be imperative. Sampling five of the world's many languages will be both challenging and fun, an experience that may help you make informed decisions about language study.

### **English: The World's Literature**

---

The World's Literature course works in tandem with your modern language class. For example, in a week when you are learning Russian or French, you may be reading (in English translation, of course!) short stories by Anton Chekhov or Victor Hugo. At the Harkness table, you will discuss literature written originally in Russian, Japanese, French, Arabic, and German. You will work closely with your peers as you learn to participate in a Harkness table discussion. You will also have many opportunities to develop your critical reading and writing skills as you work on a wide variety of expository and creative writing assignments that go along with the nightly readings.

### **Philosophy: Contemporary Global Issues**

---

The nightmare of September 11th has had ramifications far beyond the initial moments of destruction. Suicidal terrorists transformed commercial airliners into flying missiles of destruction. Thousands of lives were lost; hundreds of thousands of lives were changed forever. The circles of economic and political consequence stretch ever outward. This ethics course will allow you to examine a wide range of global concerns, from terrorist assault to the fragility of the environment, from ethnic cleansing to apartheid, from economic recession to world hunger. In seminar discussions, you will raise questions and share observations with classmates equally engaged in collaborative discourse. In your research and writing, you will examine those issues you find most compelling.

## Cluster Five

# The Creative Arts: Let Your Spirit Soar

---

### Ceramics: Pottery and Ceramic Sculpture

---

This course is an exploration in clay and handmade objects. Handmade pottery can do more than hold your cereal. The expressive qualities of clay objects have gesture, movement and a quality you will not find in any factory manufactured process. We will create a variety of objects using many different hand building techniques as well as the pottery wheel. Once the pieces are made we will glaze them, fire them, and use them. Class discussions will focus on the process of developing an idea, designing a form and aesthetics. We will spend a little time looking at the geology of clay and touch on its 10,000-year history and its impact on the human race. At term's end, you and your classmates will have a celebration using the objects you have made and contribute your work to the annual Student Art Exhibit, open to the Academy community.

### Creative Writing

---

The verb to write derives from the Old English *writan*, which means to scratch, draw, inscribe. As a student in the Creative Writing class, you join a small community of scribblers, classmates who – like you – love the sight of a stack of clean, white sheets of paper. As you scratch down words, creating your own stories and poems and personal essays, you discover the joy of freedom, of allowing your imagination to soar. In seminar workshops, you read one another's drafts, discuss the rhythms of the prose, consider the connotations of word choices the author has made, and imagine possible directions a second rendering might take. Your reading will include the works of contemporary poets and short story writers. In the end, you publish your own portfolio of writing, a collection of work, carefully drawn, scratched, inscribed onto sheets of clean, white paper.

### Drama: Invitation to the Theater

---

In this course you will learn about the basics of theater with an emphasis on acting. You will learn skills to help you memorize and perform a monologue. You will audition for your class performance and learn vocabulary about acting and theater through workshops and games. Finally, you will rehearse with your class for a final performance at the end of the summer. During the rehearsal process you will learn about blocking, projection, diction, and tone. According to *The Job of the Actor*, written by the students of David Mamet: "Talent, if it exists at all, is totally out of your control... The only talent you need to act is a talent for working – in other words, the ability

to apply yourself in learning the skills that make up the craft of acting. To put it simply anyone can act if he has the will to do so." This course is designed to challenge students to learn through their experiences and grow as an individual and a community by working together.

## Cluster Six

# Exeter C.S.I.: Crime Scene Investigation

---

### Literature: Detective Fiction

---

“Mysteries are about the psychology of crime and the psychology of human nature,” Sue Grafton once said in an attempt to explain her long held passion for crime fiction. This explains, in part, why readers have been drawn to the great works of Detective Fiction. In this five-week survey, we will read some informative and exciting stories. Depending on where our daily Harkness Table discussions take us, we might hit on some thought-provoking topics such as the role of ethnicity, socioeconomic status, and the media in the criminal justice system. Each day in this reading and writing intensive course, students will be asked to bring questions about and passages from their nightly reading to discuss. And who knows: they might even enter the classroom to find a crime scene to investigate! A highlight of the summer will be visits by one or more published authors.

### Forensic Science: Tools of the Craft

---

Imagine you are a crime scene investigator and have just arrived at the scene of a terrible murder. A young woman has been killed, and though her apartment has been ransacked, the killer has been very careful to hide his identity. Hours of painstaking investigation yield only two small pieces of evidence: a human hair and a drop of blood. Years ago, such minute evidence might have foiled police efforts to find the culprit, but contemporary science offers keys to unlock microscopic evidence that may solve the crime. Today, forensic scientists can examine the hair and blood samples to reveal the killer’s DNA. In this course, you will study the techniques used in the forensic laboratory and learn about the scientific principles basic to those research techniques. You will explore the world of DNA structure and function, blood-typing and inheritance, DNA fingerprinting, and forensic anthropology. You will examine case studies of actual crimes and trials and you will meet professionals in various fields of forensic science who will share their “real-life” Crime Scene Investigation experiences with you.

### Introduction to Digital Photography

---

The digital camera, a primary tool of the crime scene photographer, offers a great advantage over the traditional film camera because it allows photographers to review results immediately and make adjustments as they shoot. In this course, you will learn the fundamentals of using the digital camera, a process that teaches you the essential elements and underlying principles of good photography. You will become familiar with the history of photography and notable photographers, and with the language of the photographer’s craft: composition, sharpness, rule of thirds, contrast, depth of field, lens speed, aperture, and ISO. You will also learn how to use Adobe Photoshop®, a program which allows you to edit your photographs. You will master editing basics — cropping, balancing color, adjusting brightness and contrast, selecting and working in various layers. Assignments are designed to reinforce the various skills, and will allow you to experiment with creative tools that allow you to further enhance your photo-graphs. The capstone collaborative project is the design of a newspaper that covers a crime that has occurred.

## Cluster Seven

# The Shape of Things

---

### Chemistry: A Hidden Architecture

---

This course is a tantalizing glimpse into the fascinating hidden world of chemistry, (specifically, Nanotechnology & Organic Chemistry), through hands-on, lab-based exploration. Although atoms and molecules are too small to hold and see, students will gain an understanding of the basic forces that dictate the shapes and structures of molecules by building models. Students will probe the microscopic realm that is organic chemistry, by testing and experimenting macroscopic properties of ‘sophisticated’ materials called polymers, such as: Slime, Gak, and Oobleck.

### 2-D and 3-D Geometry

---

This hands-on class explores the inherent order in 3-dimensional space that determines the nature of all form and structure, including chemical structures, (i.e., molecules). You will learn the basic mathematical principles of geometry by building structures using a variety of media. By studying symmetry, pattern, polyhedra, and space filling, you will learn the vocabulary and rules of space--the same rules that help determine how atoms combine to form molecules. Examples from nature and the work of relevant artists and architects will suggest the rich potential for creative expression that results from a deep understanding of the structure of space, and provide inspiration for students. The knowledge you gain in this course will provide a foundation for the models you create in the *Prototype Design & Fabrication* class.

### Prototype Design & Fabrication

---

Digital tools make it possible to create sophisticated prototypes rapidly and accurately. In this course, you will learn how to use a professional CAD drafting program and a computer-controlled laser cutter to create models out of paper, plastic, and wood. You will have access to the Maker Lab, where you will be taught use of tools and techniques you need to become skilled in fabrication. This course will be closely coordinated with the *2D and 3D Geometry* class, which will provide motivation and direction for the projects you undertake. **For this course you will need a Windows laptop or a Mac laptop that has Windows installed on it using Boot Camp®, Parallels® or Fusion®.**

The Maker Lab is a workshop that serves as a complement and counterpart to the UPPER SCHOOL'S *Process of Creativity Cluster*, and ACCESS EXETER Cluster 7: *The Shape of Things*. Students will be introduced to the lab through safety trainings, equipment tutorials and engaging assignments aimed at building confidence and understanding. The Maker Lab offers a spacious, supervised setting for students to make and experiment, building a culture of play and a community of creativity.

## Cluster Eight

# Exploring the Ancient World

---

### **Art & Archaeology**

---

Explore day-to-day life in the ancient world through the art and archaeology of ancient Greece and Rome! Using both abstract and hands-on components, this course will cover more than a thousand years of Greek architecture, Classical coin design and numismatics, Greek art and sculpture, Roman art and sculpture, ceramics, and costume design. Students will learn about the social and political events that happened concurrently with different periods of Classical art, including the extensive building projects of Pericles in the Golden Age of Greece and how different Roman emperors used art as propaganda, the circumstances that led to the remarkable preservation of the sites at Pompeii and Herculaneum, as well as the kinds of challenges facing modern archaeologists today. Students will build their own model of a Greek temple, try their hand at making Greek-style pottery in a ceramics workshop, learn how to fabricate a chiton and drape a toga, design their own Classical coin, and more.

### **Literature: Myth through Greek and Roman Literature**

---

The mythology of ancient Greece and Rome continues to exert a powerful influence on popular culture and fiction, from books and films like the Harry Potter and Percy Jackson series to video game appearances by a whole slew of Classical monsters. But who actually killed Medusa or defeated the Sphinx? What exactly happened during the Trojan War? Just how many gods did the Romans worship? Learn the answers to these questions and more as you explore the roots of mythical figures and stories through the lens of epic poetry and tragic drama. Using primary sources from Ancient Greek and Roman literature, students will study the characters and themes in Classical myth and legend. Authors may include Homer, Vergil, Aeschylus, Sophocles, Euripides, and Ovid. Learn mythology from Achilles to Zeus!

### **Classical Languages: Introduction to Ancient Greek and Latin**

---

Students will examine the relationship between speech, myth, and culture as they study the languages that united two of the most powerful civilizations in the ancient world. Latin and Ancient Greek continue to exert a profound influence on language today, forming more than 70% of English's total vocabulary and a significantly higher percentage of vocabulary in the sciences. Course readings will include subject matter drawn from Classical mythology and fables, and students will strengthen their understanding of art, culture, the sciences, and language through a study of basic Latin and Ancient Greek syntax and vocabulary. The course will culminate in students writing their own original short stories in Latin.

# Extracurricular Courses for Access Exeter

---

## The Academic Approach<sup>®</sup> SSAT Test Preparation Course

---

At Academic Approach, we see SSAT preparation as an opportunity to engage students in real learning. We, as teachers, are warm, supportive professionals who know how to make a classroom experience effective in raising scores, academically enriching, and, just as importantly, enjoyable for the students. Academic Approach classroom courses are uniquely effective and efficient because of the high level of customized teaching we provide. As expert tutors, we know that one size does not fit all, so we differentiate each class, customizing each study plan to the class's specific strengths and weaknesses. **Please note that this supplementary course requires an additional fee.**

### SSAT Preparation

---

Academic Approach's 23-hour, five-week course is designed to prepare ACCESS EXETER students who are thinking about applying to Boarding or Independent Day Schools for the SSAT. The course begins with a diagnostic test. We then tailor the instruction of each class according to its specific needs. Students will learn to master the content assessed on the test as well as to apply test-taking strategies that will hone their accuracy and efficiency. Students will then take a second diagnostic test to gauge their progress. The results of the diagnostic become the basis for an individualized study plan that students leave the program with; they will continue to have access to our extensive curriculum, allowing them conveniently to study for tests throughout the year. Families are welcome to contact Academic Approach at [www.academicapproach.com](http://www.academicapproach.com) or 212.348.4172 before and after the course for a complimentary consultation.

### Extracurricular course fee: \$995\*

\*Fees are NOT refundable once the Exeter Summer program has started.

Academic  Approach

---

Chicago • Boston • New York City

[www.academicapproach.com](http://www.academicapproach.com)

# Access Exeter Physical Education Classes

---

Physical Education, an important component of Exeter Summer, promotes fitness, cooperation, sportsmanship, and the learning of new skills. The offerings are designed to introduce fundamental rules and skills, provide some competition and recreation, and stimulate long term participation in athletics.

All ACCESS EXETER students participate in this program four afternoons per week, (Monday, Tuesday, Thursday, and Friday) for at least one hour each day between 4:00 p.m. and 6:00 p.m. Sports are split into two, 2-½ week sessions with students taking one sport per session; and students will select the sports of their choice during the application process. First session runs from July 3 through July 18 and the second session runs from July 20 through August 2. It may not be possible for all students to get their first choice for both sessions; however, we will make every attempt to enroll students in a preferred activity in one of the sessions.

Equipment will be supplied for some activities, but students should bring their own athletic equipment. **Refer to the individual class descriptions for equipment requirements.** The Director of Athletics supervises the program and classes are taught by professional Physical Education instructors. We strongly encourage students to explore new sports activities during Exeter Summer.

## Non-Traditional Games

---

This class is an experiential learning experience where the students will get to know each other and build trust through problem-solving activities that are presented throughout the course. Students will learn to respectfully formulate a solution and execute the plan of action in an organized, cooperative manner. This class is a combination of exercising your body and your mind.

## Basketball

---

This class will provide experiences intended to improve student's skills and understanding of the game of basketball. They will participate in drills and exercises that will lead to competitive play.

## Cross Country Running

---

Students will improve their cardiovascular fitness and their physical strength through daily runs on the fields, in the woods and throughout the campus and town of Exeter. Students will learn a series of stretching movements for warm-ups and cool downs. The class is structured for both the novice runner as well as the serious, competitive runner. **Proper footwear is required.**

## Introduction to Dance

---

In this fun introduction to dance class, students will have the opportunity to learn different dance techniques including modern jazz, hip-hop, musical theater, video dance and more! No prior dance experience is necessary! **This class is only offered during the first 2-½ week session of PE Classes. Limit: 18 students.**

## Lacrosse

---

The fundamentals of the game of lacrosse are taught through drills, exercises and small team recreational play. The class is intended for students with little or no previous experience as well as those who desire to improve their fundamental skills. The class is non-contact, coeducational, and lacrosse sticks will be provided.

## Soccer

---

This class is for students of all abilities and experiences in the game of soccer who desire to improve their skills and understanding of the game. They will play cooperatively with others in a structured, competitive environment.

## Squash

---

The squash class is structured to teach beginners, as well as those with some previous experience, the basic strokes and tactics of the game. Students will progress to the point where they will be able to play a competitive match. Racquets, balls and eye-protection will be supplied but **non-marking, non-black soled shoes are required.**

### Learn to Swim

---

This class is designed for students who are non-swimmers and who want to learn to swim. They will be taught basic lessons in floating and fundamental swimming strokes to increase their comfort level in the water. ***Proper swimwear is required.***

### Competitive Swimming

---

This class is for students who want to increase their knowledge and experience as competitive swimmers in a structured environment. Students will refine strokes and be challenged to increase their fitness. ***Proper swimwear is required.***

### Beginner Tennis

---

This class is designed for students who have either very limited or no knowledge or previous experience in the game of tennis. Students will learn and practice the basic racquet skills and strokes. Students will also learn the basic rules so they can progress to playing both singles and doubles matches. ***Proper footwear and clothing to exercise and play tennis is required.***

### Intermediate Tennis

---

This class is designed for students who have already learned the basic skills and rules of tennis. Students will be evaluated at the onset and placed in smaller groups based on ability and experience. After evaluation and limited instruction, students will progress to singles and doubles competitive matches. ***Proper footwear and clothing to exercise and play tennis is required.***

### Competitive Tennis

---

This class is for students who have experience playing tennis and who wish to play competitive matches each day. Students must have the skill, knowledge and experience to play competitively against players of a similar ability. ***Proper footwear and clothing to exercise and play tennis is required.***

### Ultimate Frisbee

---

In this class students will compete daily in a team structured situation where they will be required to be physically active, play cooperatively and compete in a non-traditional team game. Students will be active in a recreational environment that challenges them physically and mentally.

### Volleyball

---

This class is structured to provide experiences for beginning, intermediate, and experienced players who are looking to improve their skills in the game of volleyball. Drills and exercises daily in the fundamentals and proper techniques will lead to competitive play as the class progresses. ***Students may sign up for only one 2½ week session.***

### Yoga

---

This class is structured to provide a gentle series of exercises and stretching that will involve warm-ups, strengthening of abdominal muscles, back and core, standing postures and relaxation and recovery. The maneuvers will be set to popular music as well as classic yoga relaxing music and will emphasize “breath to movement” theme.

**Note:** ACCESS EXETER students may elect, for a fee, to enroll in Exeter Crew Club or Seacoast United Soccer Club their sports option for the entire five weeks of Exeter Summer. If you want to participate in Exeter Crew or Seacoast United Soccer, make sure to check the appropriate box on the online application.

# Exeter Crew Club

---

Crew at Phillips Exeter Academy enjoys a long and prestigious history. Exonians have rowed for national championships, high school and collegiate teams and have represented the United States in the Olympics and in other international competitions.

Exeter Summer offers Crew as a special intensive program that students can choose to do instead of the regular sports program. ACCESS EXETER students will train with experienced coaching staff in Saltonstall Boathouse on the Exeter river from 4:00 to 6:00 pm on Mondays, Tuesdays, Thursdays and Fridays during the entire 5 weeks of the summer program. We offer two levels:

**Beginner/Novice** – This option will allow students who have never rowed before to participate in crew. The five-week program will be dedicated to teaching the finer aspects of the rowing stroke as well as general fitness.

**Experienced Skills Program** – This option offers a more intensive program for experienced rowers. Students will be given highly detailed technical coaching as well as a more rigorous training plan to prepare high school rowers to return to their home teams a better oarsperson. In addition, there will be racing opportunities for the top rowers within the program.

**Extracurricular course fee:** \$995 which includes an Exeter Crew top and baseball cap. Crew is open to a limited number of students and takes the place of the regular Physical Education classes. If you want to participate in Exeter Crew Club, make sure to check the appropriate box on the application.

# Seacoast United Soccer Club

---

For Seacoast United Soccer Club (SUSC), the passion among its coaches, players and fans has turned this small NH soccer club into one of the most successful athletic organizations in New England. Developing players of all abilities has seen the sport grow tremendously in the region and led to alumni, on both the boys' and girls', playing at top Division 1, 2, and 3 colleges as well as representing various US National teams. Founded in 1992, and celebrating its' 25<sup>th</sup> anniversary in 2017, Seacoast United now boasts over 6,000 members and several world class facilities in New Hampshire, Maine and Massachusetts.

The impact of SUSC can be felt both on and off the field and increasingly around the world. That's one reason why Nike named SUSC as one of its Premier Soccer Clubs. In addition, the Club was among the first to be selected in US Soccer's Development Academy Program. SUSC is also a member of America's minor league soccer division on both the men's and women's side, and has a partnership with English Professional Club Brighton and Hove Albion who compete in the English Championship.

The SUSC summer program is looking to work with players who have a passion for the game, have played at a competitive level, and who want to continue a high level of training in the summer. SUSC's professional coaching staff will concentrate on improving the individual player's first touch and skill level as well as a better understanding of the game and tactics through small and full sided games. Everything

will be geared to supporting the players so they are better equipped as they return to their school and club teams.

The Soccer Program will meet four times a week on Mondays, Tuesdays, Thursdays and Fridays for two hours per day from 4:00 to 6:00 pm beginning July 3rd and concluding on August 2nd. Some of the friendly games may take place on Saturdays as well. Each player will receive a Premier Nike soccer ball, one Nike/SUSC jersey and t-shirt, a pair of Nike shorts and two pairs of socks. The soccer program will also include: a mini indoor soccer tournament at SUSC's four-field facility, as well as access to the swimming pool on occasion. At the end of the program, all players will receive a written evaluation based on their performance, strengths and weaknesses, areas to work on, etc. Participants will also receive some donated soccer equipment and apparel to utilize in their community when they return home. A pair of cleats – no metal bottoms, are required. Turf shoes are optional.

**Extracurricular course fee: \$995 which includes all soccer equipment above.** This special program takes the place of the regular Physical Education classes. If you want to participate in the SUSC program during Exeter School, make sure to check the appropriate box on the application.

# Extracurricular Performing Arts

---

Theater and music are popular activities in which many students participate each summer. They are vital and noteworthy elements of Exeter Summer life. Exeter Summer presents dramatic productions and a dance concert of original choreographed pieces during the five-week session.

Extracurricular music activities are organized for students who wish to employ their talents and pursue their interests outside of the formal musical performance classes. We encourage students to bring their musical instruments and to join one or more of the vocal or instrumental groups.

**The Exeter Summer Orchestra** rehearses on two evenings each week and performs during the last week of Exeter Summer. This ensemble has performed Mozart and Haydn symphonies and works by such composers as Bizet, Dvorak, Wagner, Debussy, Bartok, Beethoven, and Brahms.

**Evening Ensembles** coaching and accompaniment of solos are offered two evenings a week. All interested students, particularly those not enrolled in the Chamber Music class, are encouraged to participate. Auditions for forming chamber groups will be held during the first week of the session.

**Glee Club** is a large singing group meeting two evenings per week. Open to the entire Summer community, this group sings and performs music from a wide range of traditional and contemporary music.

Students will sign up for extracurricular music groups on opening day.

**Private Music Lessons** - students may take private music lessons for an additional fee (\$375 for five 50-minute lessons or \$225 for five 25-minute lessons). The Academy offers lessons in voice and on a variety of instruments. Students planning on taking lessons should fill out the appropriate information on the application. Those seeking private lessons must apply by April 15, 2017. **Please note: we do not offer financial aid for private music lessons.**

# EXETER SUMMER

---

[exeter.edu/summer](https://exeter.edu/summer)